

Peer-iodicals from the Heart



Welcome!

What we've been up to!

Hello and welcome to our Spring 2019 edition. It is so nice to be welcoming Spring and we look forward to warmer, brighter, longer days ahead.

We have a busy Spring ahead of us, with April vacation programs, which featured Food Explorers, Setting the Stage and Reaction Size. We are also planning ahead to our Summer programs which will run in July and August, more details on those in 'Our News' section.

We hope you enjoy catching up on our news, playing the word search and learning jokes from the Kids Zone and reading about some of our team in the 5 Mins pieces.

Make sure you like and share us on Facebook so you can be kept up-to-date on what is happening every week.

Have a wonderful Spring!



Linda Mary Lou

Left: Linda Murphy M.S., CCC-SLP, CEIS
Right: Mary Lou Gagnon OTR/L

Our News

• Our **Summer programs** will run Tuesday, Wednesday, Thursday for three weeks in July, from 8:30 am - 12:30 pm. Our 2019 dates and themes will be: **July 9, 10, 11** Animal Planet. **July 16, 17, 18** Wacky Week. **July 23, 24, 25** Superhero/Health & Fitness Week. We will also be running some 2-day specialty programs the weeks of July 29, August 5 and August 12. Check out website for further details and updates <http://www.peerprojectstherapyfromtheheart.com/summer-program-2019.html>



• **Anna Lewis** officially joined the team in February 2019 as a Speech Language Pathologist Assistant after completing an undergraduate practicum with us last fall. She graduated from Gordon College in December 2018 with a degree in Linguistics and a minor in

Speech Language Pathology. Anna's area of experience includes working with children and adolescents with Autism Spectrum Disorder, Augmented and Alternative Communication, articulation disorders, and receptive and expressive language deficits. In her free time, she enjoys reading and being outside. **Nicole Rogato** joined us in December 2018 after earning her Master's degree in Occupational Therapy at Salem State University. Prior to that she worked as a Certified and Licensed OT assistant for 5 years in the public-school system primarily working with preschool and high school aged students. She has experience working with children and adolescents in a variety of settings including summer camps, after school programs, and daycare centers. Outside of work, she enjoys traveling, podcasts, spending time with friends and family especially her niece and pups.

• It is widely regarded that our kids know a lot more about superheroes than most of our team. So, Matt (aka The Hulk), Sean (aka Thor) and John (aka Captain America) have offered to do a staff training for the team on **DC vs. Marvel Superheroes** and the essential information we all need to



know. We certainly will need photos from this training session!!

• Recently we have been invited to present at a number of local group meetings, if you are in the area and want to attend any of these meetings please do let us know. Malden SEPAC on April 11th; Milestones Day School, Waltham on May 5th and Arlington Parent Forum on May 15th. If your local group, school or forum are interested in having us present please contact the office and we would be happy to arrange.



• As a follow-up to our onsite Early Childhood Screenings at Shore Country Day in January, we were invited to present to the Pre-K to Grade 5 staff for their professional development day. Topics covered included how to support kids with social learning challenges, interoception, and fine and gross motor development for early childhood aged children. These were well received and we were thrilled to have the opportunity to engage with the school team.

KIDS ONLY ZONE!



Just for laughs!!

Why did the cow cross the road? He wanted to go to the MOOVies!

What do you call a smart group of trees? A BRAINforest

Where does a sheep get his haircut? At a BAABAA shop

What do you get when you throw a couch in a pond? A sitting duck!

What kind of keys are easy to swallow? COOKIES!

What is the best thing to do with a blue whale? Tell it a joke and cheer it up!!



SUMMER WORD SEARCH

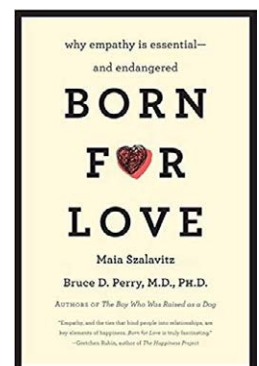
S B W K I S U N W M K W V
Y E K Q H X A E S K O V P
N A D A O B D N J I N A M
G C L C T B W M D T U C O
N H I P L Q N T H E F A R
I I C E C R E A M A R T M
W D R P O P S I C L E I C
S W I M N I E J T A M O A
B A O E T C G U L D M N M
R T A N E N S M H A U T P
I H C A E I O P S V S L I
S A Y E U C P O O L N O N
V R S E S S A L G N U S G

WORD BANK:	HOT	PLAY	SUN
BBQ	ICE CREAM	POOL	SUNGLASSES
BEACH	JUMP	POPSICLE	SWIM
CAMPING	KITE	SAND	SWING
FUN	PICNIC	SUMMER	VACATION



Recommended Reading

Born for Love is the definitive book on empathy. Renowned psychiatrist Bruce Perry has appeared on Oprah, CNN, National Public Radio's *All Things Considered*, and other programs as an expert in this hot area of neuroscience, and has been cited as such in *Newsweek*, *The New York Times*, and *The New Yorker* (in a story written by Malcolm Gladwell). He and co-writer Maia Szalavitz explore empathy's startling importance in human evolution and its significance for our children and our society. The authors of *The Boy Who was Raised as a Dog* present a powerful case that love is essential...and endangered.



Episodic Memory by Linda K. Murphy MS, CCC-SLP

Episodic Memory by Linda K. Murphy MS, CCC-SLP This is the last part of the 4-part series. As discussed in previous articles, episodic memory is the story we create about ourselves over time. We may use this story to share ourselves with others or we may use this story to form a plan of action when faced with a problem. We need our memories to assign meaning to events in our lives and to negotiate new situations in the future.

As children form relationships with their peers, they use their episodic memory to create stories of developing friendships as well as narratives of themselves as desirable play partners. This is a process that unfolds over time as children have repeated opportunities to play with others in increasingly dynamic situations.

To read the rest of this article visit our website
<http://www.peerprojectstherapyfromtheheart.com/blog>



5 Minutes with Deirdre Patch

Deirdre joined in 2015 and has over 30 years experience as a Feeding Specialist. She gained her qualifications from Marywood College, Scranton PA and Northeastern University. She lives in Beverly with her husband David and their three kids. Let's find out a little more about Deirdre.



- What is your favorite color?** Green
- What is your favorite game?** Wits & Wagers
- What is your favorite food?** Ice Cream
- Where is the farthest place you've traveled?** Bora Bora & Moorea
- Where would you like to visit?** Ireland
- What is your favorite TV show?** Island Getaway
- What is your favorite movie?** Pretty Woman
- Interesting fact:** She was born in Brooklyn, NY and grew up in New Jersey.

5 Minutes with Elizabeth Cross

Elizabeth joined in 2017 and holds a degree in Occupational Therapy from Boston University. She is from Atkinson, New Hampshire and has an older brother and two younger sisters. Let's find out a little more about Elizabeth.



- What is your favorite color?** Pink
- What is your favorite game?** Charades, Apple-to-Apples
- What is your favorite food?** Pizza
- Where is the farthest place you've traveled?** Scotland
- Where would you like to visit?** Australia and scuba dive in the Great Barrier Reef
- What is your favorite TV show?** The British Baking Show
- What is your favorite movie?** Star Wars: Rogue One
- Interesting fact:** She once climbed a mountain carrying a watermelon (just because).